

5 THINGS TO KNOW

If You Think Your Child is Lesbian, Gay, Bisexual, Transgender or Questioning (LGBTQ)

- 1 You are not alone. Over 16% of families have a member who is LGBTQ.
- 2 Being LGBTQ is not a phase, choice or illness. It is simply a natural variation of the human condition, like being left-handed.
- 3 What would it take to stop loving your own child? Rejecting children for their sexual orientation or gender identity can have disastrous outcomes, including depression, substance abuse, school failure, running away, homelessness and even suicide.
- 4 Just one trustworthy, supportive adult can make all the difference in the world. Let that person be you. Love, support and embrace your child.
- 5 Parents of LGBTQ children need support too. **RESOURCES ARE AVAILABLE AT:**

API Equality-LA

213-580-1800
apiequalityla.org

Bienestar

East LA:
323-727-7896
South LA:
323-752-3100
bienestar.org

Congregation Kol-Ami

323-606-0996
kol-ami.org

Dignity L.A.

323-344-8064
dignitylosangeles.org

Founder's Metropolitan Community Church

323-669-3434
mccla.org

L.A. Gay and Lesbian Center Family Services

323-993-7430
lagaycenter.org

LA LGBT Youth Calendar

lalgbyac.org

Minority AIDS Project

323-936-4949
ext. 205
map-usa.org

Parents, Family and Friends of Lesbians and Gays (PFLAG)

888-PFLAG 88
pflagla.org

LA County LGBT Child Abuse Prevention Council

For more information, visit:
preventlgbtchildabuse.org

5 COSAS QUE DEBE SABER

Si Piensas Que Su Hijo/a es Lesbiana, Gay, Bisexual, Transgénero o Cuestionando (LGBTC)

- 1 Usted no está solo(a). Más de 16% de familias tiene un miembro que es LGBTC.
- 2 Ser LGBTC no es una fase, preferencia, o enfermedad. Es simplemente una variación de la condición humana, es como ser zurdo.
- 3 Rechazar a su hijo(a) por su orientación sexual o identidad de género podría tener graves consecuencias, incluyendo, la depresión, el uso de narcóticos y sustancias ilegales, huir de casa, quedar desamparado y hasta el suicidio.
- 4 Un adulto digno y compasivo puede hacer toda la diferencia para un joven. Permita que esa persona sea usted. Ame, apoye, y abrace a su hijo(a).
- 5 Los padres de jóvenes LGBTC también necesitan apoyo. **OBTENGA AYUDA Y APOYO EN:**

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